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LOVES AND HATES OF MY LIFE...NUDE DATING SHOW ANCHOR BARES ALL

Telly's Anna reveals her naked truth!



Pictures: TIM MERRY



THE MIKE WARD INTERVIEW Anna Richardson NAKED ATTRACTION HOST

TV'S Anna Richardson is cross with her mum.

The host of Channel 4's nude dating show *Naked Attraction*, which is back tonight, has found out her mother – an RE teacher, no less – tuned in for the final of *Love Island*. "I'm appalled," Anna tells me. "She didn't even have a ****ing clue what was going on."

"She only watched it because it had been talked about in *The Guardian* and on *Radio 4*."

It's not that Anna is jealous, mind you, of *Love Island*'s success. And you sure as hell couldn't call her a prude. "It's not that Anna is jealous, mind you, of *Love Island*'s success. And you sure as hell couldn't call her a prude."

No, it's way simpler than that: Anna just hates that show, full-stop.

"It's diametrically opposed to *Naked Attraction*," she argues. "In an age where we have chronic problems with mental health, particularly with young people and social media, I think it's divisive. "Plus it encourages the idea that it's OK to betray in order to get your man – and to get your man for money."

So how, in comparison, would she sum up her own show – where a picker chooses from six stark naked potential dates, each stood inside a coloured pod, revealing only bits of their body at a time.

"I like to think it's a bit like *Strictly Come Dancing*."

Really?
"Yes, I know that sounds odd, but I mean in the sense that it's cross-generational and sort of family viewing, weirdly."

"It's also funny. We're not laughing at people, we're absolutely laughing along

with them, and the fact they'll say the most honest, straightforward things about bodies and sex."

But there are other aspects to the show Anna feels are important.

"It opens a conversation around gender identity and sexuality. We're dealing with a society now that's far more open in that respect."

"I think now on Facebook there are something like 71 different identity categories. Admittedly, that's absurd, and for an older generation it can get confusing. But there's also a massive part of me that thinks, 'Get with it!'"

Excited

OK, and what about people who watch *Naked Attraction* for more, err, basic reasons?

"It's not pornographic," she stresses. "It's not sexual in any way. No one's getting turned on."

Well, almost no one. Anna does admit later that some of the male contestants have occasionally become a bit, shall we say, "excited".

"We've had a couple of times when we've had to say, 'In the red pod, fella, d'you want to just go to the loo and calm

down...?' But, hey, it's just a biological urge."

Anna's own sex life has frequently hit the headlines, particularly when it emerged that, after 18 years with her previous partner, TV director Charles Martin, she'd begun a new relationship with ex-*Bake Off* host Sue Perkins.

Sue, she's keen to stress, is a very private person. But Anna is not, which I guess could make life tricky at times.

It seems she'll pretty much talk about anything, however personal: her religious upbringing, her hormonal issues, nearing the menopause, the fact she's on anti-depressants, the huge peacock feather tattoo on her back.

"I'm an over-sharer," she admits. "But I don't give a s**t. I'm nearly 50, I'd rather be direct and honest."

Anna once declared that women are "much more difficult to have a relationship with". Awkward again, surely?

"Well, again I have to be really careful and stress I'm not talking about Sue. But I can absolutely talk about myself."

And the same applies, I take it, when she talks about being keen to adopt?

"Yes, for me it's something I'm very conscious of. I can't have children myself, but I'm really open to the idea of having a family. And these days, those come in all shapes and sizes."

So what sort of mum would she make?

"I actually think I'd be quite strict, certainly with manners and not indulging them. But who knows?"

"Having seen the way I've brought up my dog, the chances are I'd let them do whatever the hell they wanted!"

As for the relationships forged by Anna's dating show, there's at least one *Naked Attraction* couple still together: Gemma and James from series one.

Wedding bells before long, do we think?

"Don't joke, Mike! I'm desperate for a *Naked Attraction* wedding. I can't wait to buy my hat!"



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STAR'S FAVOURITES

- FILM: *Forrest Gump*
- TV SHOW: *The Handmaid's Tale*
- SONG: *The Winner Takes It All* (Abba)
- ACTOR: Elizabeth Moss
- COMEDIAN: Alex Horne
- SPORTSPERSON: Rio Ferdinand
- BOOK: *The Goldfinch* (Donna Tartt)
- FOOD: Yes, please
- DRINK: Absolutely
- CITY: Edinburgh
- HOLIDAY DESTINATION: Ibiza
- GADGET: Hand-held laser for hair-removal
- APP: Audible
- ANIMAL: My dog Tig

